**Best Male :**

**Tom Adams**

**Paul Sugden**

**Jack Wood**

**Most Improved Male:**

**Jack Cummings**

**Dan Hayes**

**John Hayes**

**Ben Joynson**

**Mikal Lomas**

**Steve Murray**

**Matt Newell**

**Dave Robson**

**Geoffrey White**

**Jack Wood**

**Best Endurance Runner – Road Male**

**David Howe**

**Derek Oliver**

**Steve Weston**

**Jack Wood**

**Tom Worboys**

**Best Female:**

**Kate Archer**

**Jemima Elgood**

**Jane McCarthy**

**Sarah Pickering**

**Jann Smith**

**Lucy Williamson**

**Most Improved Female:**

**Kate Archer**

**Petra Bijsterveld**

**Chantal Busby**

**Mary Gibbons**

**Sally Lynch**

**Sarah Pickering**

**Helen Waddington**

**Lucy Williamson**

**Sue Williamson**

**Best Endurance Runner – Road Female**

**Abi Bailey**

**Petra Bijsterveld**

**Caroline Howe**

**Helen Waddington**

**Sally Malir**

**Lucy Williamson**

**Best Endurance Runner Off-Road Male**

**Tom Adams**

**Richard Joel**

**Brian Melia**

**Andrew Merrick**

**Dick Waddington**

**Jack Wood**

**Best Athlete U23 – Male**

**Euan Brennan (junior – sorry not eligible!)**

**Jack Cummings**

**Dan Hayes**

**Harry Maslen**

**Ruaridh Mon-Williams**

**Matt Newell**

**Best Runner – Over 50 Male**

**Tim Ashelford**

**Norman Bush**

**Philip Hirst**

**Geoff Howard**

**Andrew Jackson**

**Brian Melia**

**Andrew Merrick**

**Malcolm Pickering**

**Best Endurance Runner Off-Road Female**

**Kate Archer**

**Mary Gibbons**

**Outi Kamareinen**

**Jane McCarthy**

**Sarah Pickering**

**Alison Weston**

**Best Athlete U23 – Female**

**Jemima Elgood**

**Lucy Haines**

**Sarah Pickering**

**Lucy Williamson**

**Best Runner – Over 50 Female**

**Petra Bijsterveld**

**Hilda Coulsey**

**Val Kerr**

**Sally Malir**

**Adela Reperecki**

**Alison Weston**

**Sue Williamson**

**Contribution to Club - Male**

**Neil Chapman**

**Steve Coy**

**Ben Joynson**

**Peter Lewis**

**Peter Shields**

**Paul Sugden**

**Captains Award – Male**

**TO BE ANNOUNCED ON THE NIGHT**

**Contribution to Club- Female**

**Abi Bailey**

**Petra Bijsterveld**

**Jane Bryant**

**Rachel Carter**

**Hilda Coulsey**

**Gaenor Coy**

**Val Kerr**

**Shirley Wood**

**Captains Award – Female**

**TO BE ANNOUNCED ON THE NIGHT**